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"Sophia Gutchinov knows that making art is a team effort that goes beyond just the actor themselves." -Backstage

"Your show made me really see how we are more similar than different and how interconnected the world is. We all want to believe in something. Thank you for your work." -Trinacria Arts Festival, Sicily, Italy, Resident Artist 2024

"Your script is lovely, and your authenticity is so admirable—every single page reveals a new layer of this beautiful story, continually heartbreaking as it is healing." -Yáya, post-disciplinary artist

La MaMa Presents

Those Who Remained

**A World Premiere Play About Finding One's Voice While Navigating
the Complexities of Identity, Culture and Tradition**

**Written and Performed by Sophia Gutchinov
Directed by Rani O'Brien**

May 8-18, 2025

Thursdays-Saturdays at 7:30 p.m. / Sundays at 3:00 p.m.

The Club at La MaMa

74A East 4th Street, New York City 10003
(bet. Bowery and 2nd Avenue)

Tickets are \$35. \$30 for Students and Seniors.

Visit LaMaMa.org or call 646-430-5374

Direct Link: <https://www.lamama.org/those-who-remained/>

Suitable for ages 16+

Runtime: 90 minutes with no intermission



NEW YORK, NY – March 10, 2025 – La MaMa presents the world premiere of ***Those Who Remained***, a transformative multimedia solo show written and performed by **Sophia Gutchinov** about finding one’s activist voice while navigating the complexities of identity, culture and tradition encompassing her unique Italian-Mongolian heritage. **Rani O’Brien** directs. Eight performances will be staged at The Club at La MaMa, 74A East 4th Street in New York City, Thursdays through Saturdays at 7:30 p.m. and Sundays at 3:00 p.m. from May 8-18, 2025.

In this transformative multimedia solo show, Sophia Gutchinov explores the profound depths of love through a deeply personal lens of Indigenous ceremony and modern dating. Drawing from her unique Italian-Mongolian heritage, she weaves a narrative that bridges cultural divides, reflecting her background of a Buddhist father and Catholic mother. The performance incorporates projections, comedy, and spoken word, creating an immersive experience that confronts personal roots and identity. Collaborating with artists from diverse backgrounds – including AAPI, Latin, Black, LGBTQ+, and Kalmyk tribal performers – Gutchinov examines her family’s complex history, including her grandparents’ escape from WWII, her parent’s nomadic journey to...New Jersey, and her recent journey to her father’s homeland, all viewed through an intersection of acting and neuroscience. Recommended for audiences 16+.

"Tracing the paths of my ancestors across Mongolia and Italy, I discovered that healing was both a solitary act and a collective journey," shared Gutchinov. "Each step reconnected me to the stories that shaped my family, and to the broader human experience of resilience, love, and transformation. *Those Who Remained* is a bridge between cultures, a testament to the power of understanding our shared humanity."

Tickets are \$35. \$30 for students and seniors. Visit LaMaMa.org.

First 10 tickets to every performance only \$10 each (limit 2 per person). Advance sales online only, first come, first served. *Ticket prices are inclusive of all fees.*

The runtime is approximately 90 minutes with no intermission.

Those Who Remained is produced by **La MaMa**. Director & Scenic Designer: **Rani O'Brien**; Lighting Designer: **Kevin Dunn**; Sound Designer: **Boris Nazarov**; Projection Designer: **Luna Yixi Wu**; Dramaturg: **Catherine Filloux**; Production Manager & Co-Producer: **Maddie Heeney**; Stage Manager: **Milan Eldridge**; Assistant Producer & Props Master: **Matthew Foster**; Production Assistant: **Allison Aube-Martin**; Recording Violinist: **Montana Debor**; Recording Drummer: **Sanal Leejean**; Photographer: **Jules Miranda**; Press Representative: **Paul Siebold/Off Off PR**.

Those Who Remained is made possible (in part) by the Lower Manhattan Culture Council (LMCC) Creative Engagement Grant, the Pay Your People Grant (IndieSpace), and former U.S. Attorney General Loretta Lynch.

To support the development of *Those Who Remained* through a fully-taxable donation, visit [Fractured Atlas](#).

Sophia Gutchinov (playwright/performer) is an award-winning multi-ethnic multidisciplinary artist based in New York City, working across acting, performance art, comedy, modeling, and voice over artistry. A Marymount Manhattan College graduate with a BFA in Acting and Minor in Neuroscience, she is currently developing *Those Who Remained* at La MaMa Experimental Theatre Club, where she held an artist residency in 2021-2022. With Mongolian and Italian roots, her performance art explores themes of democracy, racial equality, and feminine identity. As an AAPI community advocate, she has spoken before New York senators, with her speech featured on NBC Channel 4 NY. Sophia recently expanded her artistic horizons through a residency in Sicily, participating in the Trinacria Arts Festival. Her commitment to diverse pursuits is further demonstrated by her fieldwork fellowship with the American Center for Mongolian Studies, studying biodiversity and the world's last wild horses in Mongolia. Her commercial work includes campaigns for Lancôme, Minute Maid, and Walmart, while her voice can be heard in Marvel's "Marvels" production alongside Method Man and AnnaSophia Robb. Under her production company, The Tadpoles, she stars in the comedic web series "How to NY." Sophia's visual art has earned international recognition, with her mixed media collage winning the 1st Salamander International Art Award in Paris. She regularly shares her industry expertise through webinars about the business of acting with Latitude Talent Studios and has been featured in Backstage and Casting Networks. <https://www.sophiagutchinov.com/>

Rani O'Brien (director) is a New York City-based director. Recently, Rani directed Sarah Ruhl's *Stage Kiss* for The Psych Drama Company at the Boston Center for the Arts. The Boston Globe praised Rani's staging, stating the intimate nature of the round "helps her balance the laughs while illuminating the play's deeper themes of vulnerability, uncertainty, and regret." Rani is working with A.A. Brenner on a new theatrical experience titled *The Able Body Myth* (The Rat/The Brick). Select Directing Credits Include: Robert O'Hara's *Mankind* (Boston University), Mahsa's *Last Song* (Boston Playwrights' Festival), *Candidate Confessions* (The Second City), *Modern Chalk Circle* (Artistic New Directions), *Oh! The Magical Musical Places You'll Go* (Pacific Symphony), *A Midsummer Night's DreamMachine* and *Disconnected Touch* (How! Happening). Other productions include *The Big Funk*, *Three Sisters* (adapted by Sarah Ruhl), *Hamlet*, *Constellations*, *The Theory of Relativity*, *Les Misérables*, etc. Previous work spans Kansas City Rep, McCarter Theatre, The Tank, and more. MFA Directing and Artistic Director Track Boston University. SDC Associate. www.raniobrien.com

La MaMa Experimental Theatre Club is dedicated to the artist and all aspects of the theatre. La MaMa's 63rd Season, The "La MaMa Beyond Season" expands our efforts to develop creative methods and tools for greater access to the arts. Pop up performances and installations will be happening in parks, neighborhood community centers, as well as online. By going beyond La MaMa's physical campus, new audiences and artists from different contexts are welcomed into the creative process.

La MaMa has been honored with 30+ Obie Awards, dozens of Drama Desk, Bessie Awards, Villager Awards, the 2018 Regional Theatre Tony Award, and most recently a 2023 New York Drama Critics' Circle Special Citation. We are a creative home to artists and resident companies from around the world, many of whom have made lasting contributions to the arts, including Blue Man Group, Bette Midler, Ping Chong, Jackie Curtis, Robert De Niro, André De Shields, Adrienne Kennedy, Cole Escola, Bridget Everett, Harvey Fierstein, Diane Lane, Charles Ludlam, Tom Eyan, Spiderwoman Theater, Tadeusz Kantor, Marc Shaiman and Scott Wittman, Meredith Monk, David and Amy Sedaris, Stephanie Hsu, Julie Taymor, Kazuo Ohno, Tom O'Horgan, Andrei Serban, Liz Swados, and Andy Warhol. La MaMa's vision of nurturing new artists and new work from all nations, cultures, races and identities remains as strong today as it was when Ellen Stewart first opened the doors in 1961. www.lamama.org

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