



"Double Bind 2.0" – A Powerful Contemporary Dance Performance Highlighting Latinx Women's History and Women's Journey Towards Empowerment, During Hispanic Heritage Month

October 13th, 2024, 5:30PM at IATI Theater (64 E 4th St, New York, NY 10003)

Tickets: <https://www.iatitheater.org/shows/2024/pam>

sarAika movement collective is excited to present **Double Bind 2.0**, a compelling evening-length contemporary dance performance that delves into the emotional complexities of womanhood, with a special focus on Latinx women's history and their journey toward empowerment. This impactful performance will be featured at IATI Theater as part of the PAM Festival on October 13th, 2024, at 5:30 PM, located at 64 E 4th St, New York, NY 10003, during Hispanic Heritage Month.

Double Bind 2.0 is inspired by the concept of the "double bind," an emotionally distressing predicament where conflicting messages create a no-win scenario. This condition, often rooted in misogyny, cultural gender stereotypes, and societal roles, forces women into difficult choices, leading to significant emotional distress and confusion. The performance explores how these double binds affect women, with a particular emphasis on themes from Latinx women's history and their path to empowerment.

In this performance, braids are used as a powerful symbol of empowerment and self-discovery, representing a metaphorical escape route. Double Bind 2.0 portrays how women unite to assert their voices and foster hope for a brighter future. By translating these voices into dynamic and expressive movement, the work aims to deliver a universal message of equity, diversity, inclusivity, and human connection, resonating with all who identify with the experience of being a woman.

Choreography & Script by: sarAika movement collective: Sara Pizzi and Aika Takeshima, in collaboration with the cast

Cast: Khaila Espinoza, Casey Leyden, Avery Boose, Olivia Caldeira Holston, Diána Worby, Angélica Barbosa, Daniella Macre

Hair Designer: Takeo Suzuki

Costume Designers: Federica Borlenghi & Clara Wiest

Special Thanks: Zoe Yang for a composed song “Intro”

About PAM Festival:

IATI Theater is one of the oldest surviving Hispanic theater companies in NY State. For over 50 years, IATI Theater has been at the forefront of showcasing innovative multidisciplinary and international artists through various festivals, including De todo un poco and Lights On! Since 2009, the festival has been known as the Performing Arts Marathon, or PAM. Past editions have featured a dynamic array of performances across multiple venues, honoring the marathon spirit of the festival. This year, despite ongoing construction at the theater, PAM continues its tradition of presenting groundbreaking theater, dance, music, and artistic expression in a more concentrated format at IATI Theater’s home on 64 E 4th St. <https://www.iatitheater.org>

ABOUT US

sarAika movement collective: founded by immigrants and queer women Aika Takeshima (Japan) and Sara Pizzi (Italy), sarAika movement collective is a dance company committed to promoting diversity, equity, and inclusion within the dance ecosystem. The collective is known for creating multidisciplinary collaborative performances that highlight topical issues and personal insights. Through community programming, sarAika provides accessible opportunities and fosters local empowerment in the performing arts. Founded in 2021, the sarAika movement collective made a significant impact with over 50 performances in 2022, including their debut evening-length show, *Stella, Come Home*, presented Off Off Broadway and commissioned by Et Alia Theater. They also performed at The Museum of NYC that year. In 2023, sarAika was honored with a Spoke The Hub award for their first solo production, secured a RedTail residency at JCAL, and toured Japan. Recently, they have been commissioned by IATI Theater to create an evening show for Fall 2024 and have been selected as resident artists for 2025 by University Settlement.

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sarAika movement collective

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